

Eden Beauty

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Please ring for an appointment

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Imagine an anti-ageing treatment that really works, that is non-invasive, relaxing and affordable.

Collagen Red Light Therapy (RLT)

Originally pioneered by NASA to speed up the healing process, and later used in the medical profession to treat skin cancer. Red Light Therapy has been recognised through 40 years of worldwide independent research as a gentle, natural and totally risk free way of repairing and rejuvenating the skin.

Incorporated within a comfortable double canopy bed, with a specialised facial booster, the RLT special lamps produce a burst of energy to the body's tissues, triggering a response to heal from within, that stimulates the production of collagen and elastins in the lower dermis.

Collagen is an essential protein used to repair and replace damaged tissue, which naturally decreases with age. The Collagen Red Light Therapy penetrates the skin to a depth of 8-10mm, (as opposed to skin creams sitting on the surface) boosting circulation and stimulating the production of collagen, and therefore the natural repair of the skin.

The benefits:

- Considerable reduction of fine lines and wrinkles
- Improvement in skin moisture levels
- Increased softness and smoothness with better elasticity and firmness
- Fortification and tightening of the skin, with effective lifting
- Pores are refined and skin texture improved
- Scar tissue and stretch marks are visibly reduced
- Improvement of skin imperfections including age spots and skin pigmentation, which evens out.
- Reduced puffiness around the eyes
- General re-vitalisation of the skin, including detoxification and oxygenation of the skin
- Sun damaged skin will appear drastically improved
- Positive effect on hair and nails

Anti-ageing treatment

With Collagen Red Light Therapy the skins overall underlying structure will improve, giving you younger looking skin. The RLT will also release endorphins, giving a feeling of total relaxation and wellbeing.

The Collagen Red Light Therapy, as opposed to other anti-ageing treatments that are costly and painful, is a non-invasive, relaxing and affordable treatment. It's suitable for men and women of all skin types and age groups, with no contra-indications.

Treatment of other skin conditions

Red Light Therapy has also been proven to help with acne, arthritis, eczema and many other skin conditions. (For anyone wishing to use RLT for medical conditions, we strongly advise you complete your own research to confirm this treatment is suitable for your needs, and also seek professional medical opinion where necessary).

Recommended treatment sessions

For the best results we recommend the following sessions (depending on skin and age);

- 15 minutes, 3 times per week for 3 months
- Maintenance if needed, 1-2 times per week

For very damaged skin, a more intense programme may be needed in the first 4 weeks.

Other information

Collagen Red Light Therapy results will vary from person to person depending on existing skin condition and lifestyle, which all play a part in how quickly you respond to the treatment.

When using the CRLT bed, although not necessary, we do recommend the use of protective eyewear due to the bright light.

Your skin needs to be clean and free of make-up to enable the light to penetrate for full benefit.

A full range of specialised skin care, developed to work synergistically with the CRLT, and therefore enhance the benefits, are available to purchase in the salon.

People with the following conditions should avoid exposure to RLT:

- Pregnant women
- If you suffer from epilepsy
- If you are photo-allergic or taking any medication which may cause light sensitivity
- If you suffer from porphyria
- If you take cortisone or steroid injections
- If in doubt, please seek medical advice prior to use
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Prices

- 15 minutes treatment - £10.00
- 60 minutes treatment - £35.00
- 120 minutes treatment - £65.00